



March

Beverage Options Offered Daily

- 1% White, Non Fat Chocolate and Skim Milk
- 4 oz. Apple, Orange, Grape 100% Fruit Juice Cup

Healthy Options Offered Daily

Salads

- Garden Salad (1 cup) with Choice of:
 - 2 oz. Tuna Salad
 - 2 oz. Egg Salad,
 - 2.25 oz. Turkey and Cheese

Sandwich

- 2oz. Deli Meat Cold Cut Sandwiches on 2oz. Whole Wheat Bread, ¼ cup Lettuce, ¼ cup Tomatoes
 - Deli Turkey and Cheese
 - Deli Ham and Cheese
 - Tuna Salad
- Triple Decker Peanut Butter and Jelly
2 oz.
- ¼ cup Celery Sticks and ¼ cup Carrot Sticks

Fresh Fruit Daily

Monday	Tuesday	Wednesday	Thursday	Friday
Apples	Oranges	½ C Peaches	Pears	½ c Fruit Cocktail

Monday, March 4

Entrees

- Stuffed Shells w/Garlic Bread
- Hamburger on a WGR

Sides and Extras

- Steamed Broccoli

Cold Salad

- Five Bean Salad

Tuesday, March 5

Entrees

- Chicken Parm on a WGR
- Beef Hot Dogs on a WGR

Sides and Extras

- Roasted Corn

Cold Salad

- Caesar Salad

Wednesday, March 6

Entrees

- Baked Mac and Cheese
- Cheeseburger on a WGR

Sides and Extras

- Roasted Broccoli

Cold Salad

- Pasta Salad

Thursday, March 7

Entrees

- Buffalo Chicken on a WGR
- Hot Sliced Turkey on a WGR

Sides and Extras

- Mashed Potatoes

Cold Salad

- Cucumber Salad

Friday, March 1

Entrees

- Chicken Pattie w/Cheese on a WGR
- WG Fish Sticks

Sides and Extras

- Steamed Cauliflower

Cold Salad

- Tossed garden Salad

Friday, March 8

Entrees

- French Bread Pizza
- WG Breaded Flounder

Sides and Extras

- Pea Risotto

Cold Salad

- Tossed Garden Salad

Monday, March 11

Entrees

- WG Pasta w/Olive Oil, Broccoli and Garlic

Sides and Extras

- Cowboy Burger
- Steamed Cauliflower

Cold Salad

- Five Bean Salad

Tuesday, March 12

Entrees

- WG Corn Dogs on a Stick
- Cheesesteak on a WGR

Sides and Extras

- Corn Cobettes

Cold Salad

- Caesar Salad

Wednesday, March 13

Entrees

- Veggie Pinwheel Pizza
- Chicken Gyros

Sides and Extras

- Steamed Green Beans

Cold Salad

- Cucumber Salad

Thursday, March 14

Entrees

- Baked Mac and Cheese
- Arroz Con Pollo

Sides and Extras

- Peas and Carrots

Cold Salad

- Pasta Salad

Friday, March 15

Entrees

- Buffalo Chicken Pizza
- WG Fish Sticks

Sides and Extras

- Baked Sweet Potato Tots

Cold Salad

- Tossed Garden Salad

Monday, March 18

Entrees

- Meatballs w/Marinara
- Chicken Pattie and Swiss on a WGR

Sides and Extras

- Steamed Carrots

Cold Salad

- Five Bean Salad

Tuesday, March 19

Entrees

- Rib BBQ on a WGR
- Herb Roasted Chicken

Sides and Extras

- Roasted Broccoli and Carrots

Cold Salad

- Caesar Salad

Wednesday, March 20

Entrees

- Salisbury Steak on a WGR
- French Bread Pizza

Sides and Extras

- Roasted Broccoli

Cold Salad

- Pasta Salad

Thursday, March 21

Entrees

- Cheesesteak on a WGR
- Lasagna Roll Ups

Sides and Extras

- Corn Cobettes

Cold Salad

- Five Bean Salad

Friday, March 22

Entrees

- Garlic French Bread Pizza
- WG Breaded Flounder

Sides and Extras

- Baked Sweet Potato Tots

Cold Salad

- Tossed Garden Salad

Monday, March 25

Entrees

- Beef Tacos
- Veggie Pinwheel Pizza

Sides and Extras

- Red Beans and Brown Rice

Cold Salad

- Five Bean Salad

Tuesday, March 26

Entrees

- Cheesesteak on a WGR
- Stuffed Shells

Sides and Extras

- Roasted Broccoli

Cold Salad

- Caesar Salad

Wednesday, March 27

Entrees

- Rasta Pasta
- Rib BBQ on a WGR

Sides and Extras

- Peas and Carrots

Cold Salad

- Pasta Salad

Thursday, March 28

Entrees

- Cheeseburger on a WGR
- Swedish Meatballs w/ Egg Noodles

Sides and Extras

- Steamed Green Beans

Cold Salad

- Cucumber Salad

Friday, March 29

Entrees

- WG Fish Sticks
- Buffalo Chicken Pizza

Sides and Extras

- Sautéed Spinach

Cold Salad

- Tossed garden Salad