

PCTVS PHASE 1 “Return-to-Play” Summary and Important Links

Quick Notes:

- The PCTVS PHASE 1 Summer Session will be for **FALL SPORTS ONLY**.
- **ALL SUMMER WORKOUTS ARE NON-MANDATORY AND WILL NOT IMPACT A STUDENT-ATHLETES STATUS ON A FALL TEAM.** Any student-athlete that cannot or chooses not to participate can be provided with remote workouts that they can perform at their own discretion when requested.
- PHASE 1 is fourteen (14) consecutive days before entering PHASE 2 (details to be determined from the NJSIAA).
- PCTVS Athletic Department’s Phase 1 (7/27/20 through 8/3/20) – Outdoor Activities/Conditioning only!
- All paperwork **MUST** be submitted prior to the first day of practice AND a hard copy of the daily screening form must be turned in for each practice session.
- Any student-athlete that has tested positive for Covid-19 OR that has a preexisting medical condition (details available in the PCTVS PHASE 1 document) **MUST** have a clearance note from a physician.
- All students **MUST** be wearing a mask upon entering the facility. **No mask = No Practice!!!!**
- All students **MUST** bring their own backpack (no locker rooms to store belongings) and their own labeled/descript water bottle(s).
- All students **MUST** enter the fields through the pre-screening tent that will be located at the front of the Athletic Center.
- Temperatures will be taken from cars and all daily screening forms will be visually reviewed by the Athletic Trainers and then turned into their “pod” coach for proper documentation.
- Any student-athlete with a temperature over 100.4 or without the proper paperwork will be sent home immediately.
- The front of the Athletic Center is the designated **“Drop-off”** area, student-athletes should not exit cars until directed to do so by one of the PCTVS Athletic Trainers.
- Students that are parking on campus must pre-screen first (temperature check and completed form) and then park in the administrative lot in front of the Athletic Center area.
- All students must maintain social distancing before, during, and after practice.
- Students should arrive no more than 20 minutes before their practice and they must immediately leave the facility once their practice session has concluded.
- **“Pick-Up”** area will be the Concession Stand/ Upper Field entrance (white awning), Parents arriving on campus to pick-up student-athletes must park in the lot near the Upper Field Grandstands. We are using an “entrance only” (Athletic Center) and “Exit only” (Concession Stand) to control the flow of arriving and departing student-athletes.

- There will be three (3) certified athletic trainers on site- two (2) checking temperatures and reviewing all daily COVID-19 screening forms and (1) overseeing injury/cooling stations.
- Practice windows for PHASE 1 are on Monday through Thursday between 5:00 PM-9:00 PM (currently 7/27/20 through 8/2/20). As we advance through PHASES of return-to-play, this window may begin to vary dependent upon relaxed restrictions from NJDOE/NJSIAA and Governor’s Office and Program Head Coach’s discretion, student-athletes and their families will be given advance notice to adjust schedule for transportation
- There will be no courtesy bussing for student-athletes during PHASE 1 Summer Recess Conditioning.
- Attendance is not mandatory, healthy participants should maintain regular attendance once practices begin because of “pod” creation and its limits on planning and attendance numbers.

Important Links:

[PCTVS Athletic Physical Packet 2020-2021](#)

[PCTVS Medical Update Packet 2020-2021 \(HHQ\)](#)

[COVID-19 Daily Screening Form](#)

[NJSIAA Memos & Weekly Updates](#)

[PCTVS PHASE 1- “Return-to-Play” Information \(detailed\)](#)

