

**Diana C. Lobosco**  
Chief School Administrator

**Nic Nese**  
Director of Athletics

Dear Prospective Bulldog Student-Athletes,

First and foremost, I hope this communication finds you and your family healthy and safe. The information included in this correspondence is specifically directed to those Bulldog Student-Athletes that intend to participate in a Fall 2020 interscholastic sport at PCTVS. As a member school of the NJSIAA (New Jersey State Interscholastic Athletic Association), I am excited to announce that PCTVS has begun the process to "Return-to-Play".

The NJSIAA has approved "Summer Recess" workouts to begin on Monday, July 13, 2020 for respective schools. The PCTVS Athletic Department will be taking a calculated and delayed approach to the PHASE 1 -Summer Recess Workouts to ensure that the "return-to-play" transition is smooth and hopefully without interruption. The PCTVS PHASE 1- "Return-to-Play" workouts for Fall programs will be scheduled to begin on **Monday July 27, 2020**. Information will be posted, by sport, on the PCTVS Athletic Homepage. These workouts are **NOT MANDATORY**; but will instead provide pre-season conditioning and skill development before the official start of the Fall season. At this time, only limited **FALL TEAMS** will be offering PHASE 1 workouts and we will continue to monitor the situation and adjust accordingly.

The official NJSIAA start date for Fall practices has recently been postponed to September 14, 2020 for Football, Boys & Girls Soccer, Boys & Girls Cross-Country, Girls Tennis, Girls Volleyball, and Cheerleading. Please be aware that the strict NJSIAA "PHASE 1" COVID-19 Guidelines have additional paperwork and requirements for participation with the start of PHASE 1. There is a comprehensive section on the PCTVS Athletic Homepage "[PCTVS Phase 1: Return to Play](#)" with several vital documents that must be reviewed and submitted. **Please carefully read through everything and note that there are multiple forms required, one of which is a daily form.** Furthermore, any Fall team that has chosen to offer these PHASE 1 workouts has detailed information and a tentative schedule on their individual [Fall Sports](#) tab within the Athletics Web page.

As noted earlier, these are **NON-MANDATORY** workouts, any student-athlete that cannot or chooses not to participate will still be eligible to "try-out" for a Fall team when the Fall season officially opens. The safety of our student-athletes and staff members is our top priority and we kindly ask that everyone does their part in strictly adhering to the guidelines outlined by the CDC/NJDOH listed under the "[PHASE 1: Return to Play](#)" section of the PCTVS Athletic Web page.

If you have any questions or concerns, please contact the athletic department at 973-389-4106/4141 at any time.

Yours in Sport.

*Nic Nese*

**Director of Athletics**  
nnese@pcti.tec.nj.us

